

DIRECTIVES REGARDING HOLY WEEK 2020

FASTING & ABSTINANCE: The laws of fasting and abstinence remain in force during this time:

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, *Fridays during Lent are obligatory days of abstinence*. For members of the Latin Church, the norms on fasting are obligatory from age 18 until 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14

onwards" (United States Conference of Catholic Bishops).

NO MASS PALM SUNDAY OF THE PASSION OF THE LORD

BLESSING OF THE PALMS: St. Joseph and St. Anthony Parishioners

- Palms branches will be blessed <u>outside of the mass</u>. There is <u>no</u> public mass
- Pick up your palms in the parking lot at St. Joseph in front of The Bishop Perry Learning Center
- Palms will available and handed out by the ushers in front of The Bishop Perry Learning Center
- You can drive through, continue straight, and as you pick up your palm, continue to drive out of the parking lot.
- Blessed palms will be distributed beginning at 10:00 am Palm Sunday

HOLY THURSDAY & GOOD FRIDAY

- No public mass on Holy Thursday
- No public Good Friday service
- No public mass on the Vigil, (Holy Saturday)

EASTER VIGIL (SATURDAY EVENING) NO MASS

EASTER SUNDAY - NO MASS

- No public mass Easter Sunday, but as a faith community let us pray that the Lord continue to
 raise us up so we can rise. Like the women who were bewildered as they looked for him at the
 tomb; so are we in these trying times.
- Let us keep our country, state, community, church, families and selves in prayer as we wait on the Lord.

<u>Distribution of Easter Water</u> (according to Bishop Deshotel)

Bottled water, sealed, purified or filtered and water that is used commercially will be blessed and handed out immediately on Easter Sunday beginning at 10:00 am as we did the palms on Palm Sunday.